

Feelings and Emotions

Did you know that we all experience different kinds of emotions?
Even our superhero researchers at Telethon Kids feel different emotions.

Can you match the faces to each emotion? How are you feeling today?
Can you see your emotion in the pictures? Colour in the emotion you are feeling!



It is important to keep our minds, as well as our bodies, healthy.
Our researchers keep track of how kids in Australia are feeling
by sending out a survey. They use this information to understand
why kids feel certain emotions and ways that can help.