

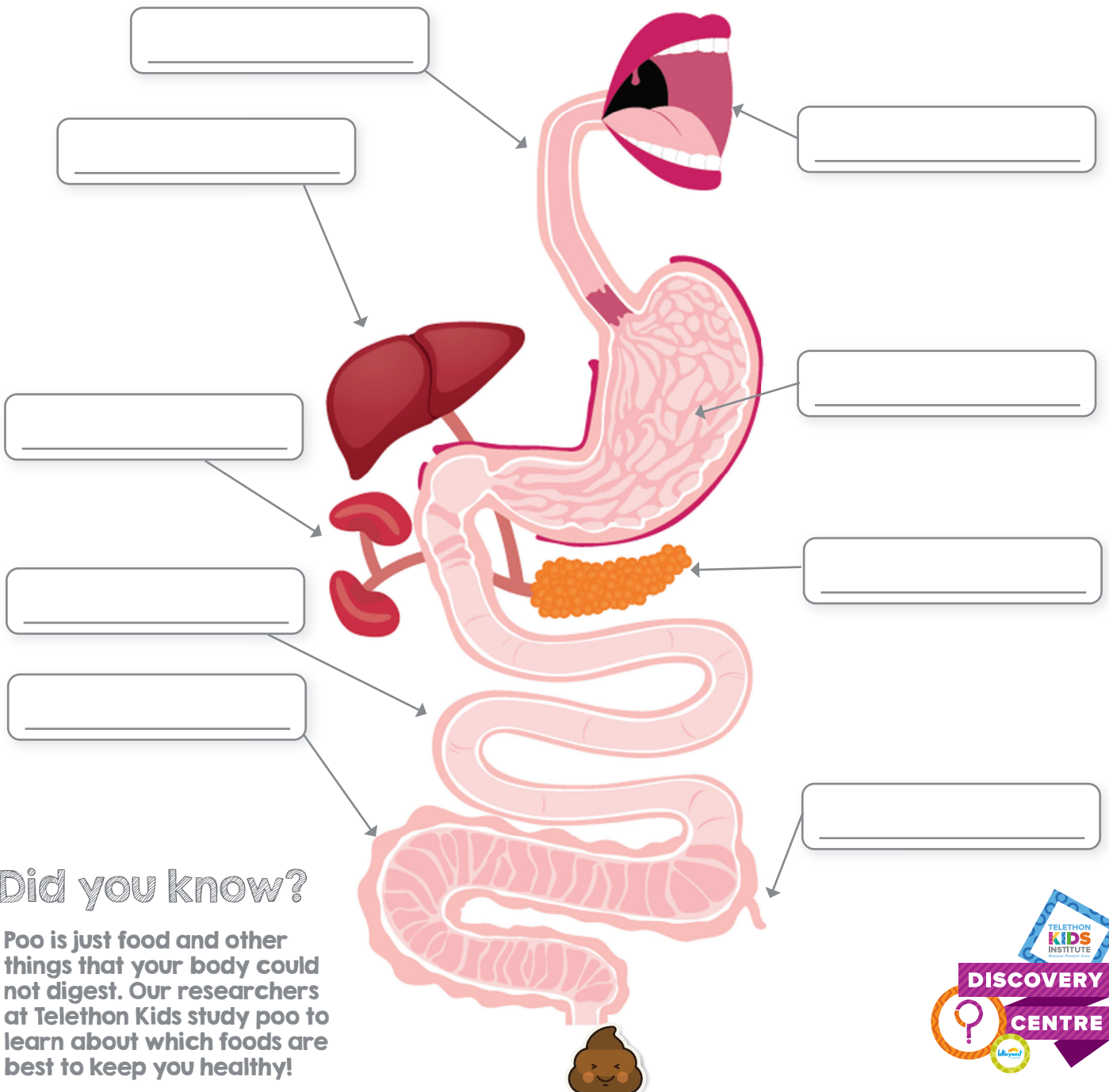
# The Journey from Food to Poo!

Our bodies are very clever. They can turn the yummy foods we eat into energy and fuel for our bodies. This process is called digestion and it means lots of our organs working together to break down foods in different ways. Our bodies can't fully break down some of the things we eat, so these leftover bits are turned into poo and flushed out of our systems and down the loo!

Follow the journey of how food turns into poo by labelling the different parts of the digestive system. You can trace the journey the food will take through the digestive system with a pencil!



esophagus	small intestine	pancreas
stomach	liver	large intestine
kidneys	mouth	appendix



## Did you know?

Poo is just food and other things that your body could not digest. Our researchers at Telethon Kids study poo to learn about which foods are best to keep you healthy!



# The Journey from Food to Po!

## Answers

