

Park Scavenger Hunt!

Look high and low! How many things on this list can you find at your local park?

| | ✓ |
|---------------------------------|---|
| Three different kinds of leaves | |
| Honky nut | |
| Flower | |
| Two different sized twigs | |
| A dog being walked | |
| Bird | |
| Five ants | |
| Four trees | |
| A street sign | |
| A park bench | |
| A light pole | |

| What else did you find? List them below! | ✓ |
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Do you like playing outside?

Physical activity is really important when you're a kid. Playing outside can help you feel healthier and happier. Our researchers are discovering new ways to encourage kids to play outside and increase their physical activity levels.

